



CHANMYAY SATIPATTHANA VIHARA

Meditation Retreat Announcement

*“ This is the only way, bhikkhus, for the purification of beings,
for the overcoming of sorrow and lamentation,
for the disappearance of pain and grief,
for reaching the Noble Path,
for the realization of Nibbana,
namely, the Four Foundations of Mindfulness.”*
(Maha-Satipatthana Sutta)

Satipatthana Vipassana Association will have a Vipassana meditation retreat at Villa Maria (Lake Springfield) in Springfield, IL. This is a 7-day retreat commencing **July 31st 2011** to **August 7th 2011**, and will be conducted by **Venerable Ashin Vamsarakkhita**.

Registration:

(**Note:** All yogis need to check-in at **4:00 PM** on Jul 30th for Retreat and check-out by **Aug 7 12:00 PM**)

- Single occupancy room: \$ 31.50 a night
- Double occupancy room: \$ 26.50 a night
- Small house by the lake: \$ 35.00 per day
- Breakfast: \$ 5.50
- Lunch: \$ 8.00

There is a \$100 **non refundable** deposit. Please make the check payable to SVA. Please mail the check and the registration form (see attached registration form) at your earliest convenience to:

Satipatthana Vipassana Association (SVA)

9 Harriett Ln
Springfield, IL 62702-4618

We cannot use the kitchen to cook and there are no laundry facilities.

Retreat Location: **Villa Maria Retreat Center**
1903 E. Lake Shore Dr.
Springfield, Illinois, 62712-5514

The Precepts

All who attend the Vipassana meditation retreat must conscientiously undertake the 9 precepts for the duration of the retreat.

Noble Silence

All students must observe Noble Silence from the beginning of the retreat until the end of the retreat. Students may, however, speak with the teacher whenever necessary and they may approach the management with any problems related to food, accommodation, health, etc.


For further information please contact us at the following email (preferable) and telephone number.


Sincerely,

Satipatthana Vipassana Association
Chanmyay Satipatthana Vihara
Springfield, Illinois


Contact Information:


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