



CHANMYAY SATIPATTHANA VIHARA

Meditation Retreat Announcement

*“ This is the only way, bhikkhus, for the purification of beings,
for the overcoming of sorrow and lamentation,
for the disappearance of pain and grief,
for reaching the Noble Path,
for the realization of Nibbana,
namely, the Four Foundations of Mindfulness.”
(Maha-Satipatthana Sutta)*

Satipatthana Vipassana Association is pleased to announce the 10 day Vipassana meditation retreat conducted by **The Venerable Chanmyay Sayadaw** at Villa Maria (Lake Springfield) in Springfield. This will start from **July 10th 2010 to July 20th 2010**. Please take this rare opportunity and register as soon as possible.

Registration:

(**Note:** All yogis need to check-in at 6:00 pm on July 10th)

- Single occupancy room: \$ 31.50 a night
- Double occupancy room: \$ 26.50 a night
- Small house by the lake: \$ 35.00 per day

- Breakfast: \$ 5.50
- Lunch: \$ 9.50

There is a \$100 **non refundable** deposit. Please make the check payable to SVA. Please mail the check and the registration form (see attached registration form) at your earliest convenience to:

Satipatthana Vipassana Association (SVA)

9 Harriett Lane
Springfield, IL 62702-4618

We cannot use the kitchen to cook and there are no laundry facilities.

Retreat Location: **Villa Maria Retreat Center**
1903 E. Lake Shore Dr.
Springfield, Illinois, 62712-5514

For further information please contact us at the following emails (preferable) and telephone number.

Sincerely,

Satipatthana Vipassana Association
Chanmyay Satipatthana Vihara
Springfield, Illinois

Contact Information:

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