



CHANMYAY SATIPATTHANA VIHARA

Meditation Retreat Announcement

*"This is the only way, bhikkhus, for the purification of beings,
for the overcoming of sorrow and lamentation,
for the disappearance of pain and grief,
for reaching the Noble Path,
for the realization of Nibbana,
namely, the Four Foundations of Mindfulness."*

(*Maha-Satipatthana Sutta*)

Vipassana Retreat

We are very happy to announce that our teacher, **The Venerable Chanmyay Sayadaw Ashin Janakabhivamsa** will be residing at Chanmyay Satipatthana Vihara during the Buddhist Lent period (Vassa), from **early July 2010** until **end of October 2010**.

During this upcoming four months period of Sayadaw's visit, from July to October 2010, short term as well as long term meditation retreats are possible. These retreats will be held at Chanmyay Satipatthana Vihara, 9 Harriet Lane, Springfield, IL 62702. The sleeping accommodations for the yogis will be at the rental apartments within five minute walking distance from the Vihara. The prospective yogi can retrieve the application form from Upcoming Event section of the <http://www.chanmyayusa.org/events.html>.

The **application deadline** for the registration is the **30th of May 2010**, which will allow us adequate time to arrange for apartment rentals, meal arrangement and other logistics.

Devotees who wish to enter monkhood under the guidance of Sayadaw Ashin Janakabhivamsa can do so for the period of minimum 7 days. The novice monks have to abide by the rule of compulsory meditation practice. They are advised to contact as soon as possible to Ashin Rewata, Dr. Padetha Tin or Dr. Elizabeth Myint for details.

Fees

We offer these teachings in the Theravada Buddhist tradition without a fee. The Satipatthana Vipassana Association depends on the generosity of mediators and its members to support the Vihara and to continue offering the teachings. The practice of Dana, giving alms and support in Pali, is considered to be a highly beneficial practice in and of itself. We encourage everyone to give what they are able, even small amounts, in gratitude for the teachings they receive and to support the activities of the Vihara.

However, during this upcoming four months period, from July to October 2010, we found that the cost per day would come somewhat near 30\$ U.S. per individual. Nevertheless, the Association will supplement anyone, any number of yogis who need aid in the cost of the stay. Please do not hesitate and kindly request when sending in the application forms.

Please send the **Registration Form** and **Donations** to

Chanmyay Satipatthana Vihara

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